



SUMMIT *Summer Camps* SCHOOLS



FUN & CREATIVE INDOOR AND OUTDOOR ACTIVITIES

Gardening, Art, Music, Creative Writing, Fitness and STEAM



SUMMER 2023





summit
summer camps



Summit is dedicated to presenting a diverse curriculum that is intentionally inclusive. Summit uses its autonomy as an independent school to explore history and our world from multiple perspectives and lenses. At Summit we believe that we learn best when we consider experiences and explore opinions different from our own. We cultivate empathetic and independent thinkers who are aware they are part of a community and citizens of the world. We offer safe spaces to listen, share, question, and participate.

This summer Summit is offering a variety of specialized themed camps and a fun and fitness option featuring a different theme each week. Camp options include AM only, PM only or a full day. Students will work with a licensed teacher in every camp. Several camps will give students a chance to interact with our Summit teachers. Angie, Chris, Erin, Rachel, Teresa, Jamie and Jenna are looking forward to working with your children this summer! Summit teachers value and celebrate every unique student and give them the opportunity to flourish in a nurturing environment.

New this year, Summit is offering a holistic sports performance camp. This will be available as an AM only option all summer for 4th–8th grade. This will be taught exclusively by Summit's physical education teacher Jamie Day, who will be focusing on strength training, speed and agility training and game play.

We are so excited to have our music education teacher Jenna Smith teaching during weeks 3 and 4! Jenna will be working alongside her sister MiKayala Tackaberry, who is a recent graduate in Music Education. They will be creating a musical with students in grades 4th–6th. In the afternoons, during weeks 3 and 4, students will be working with Jenna and Mikayla to create the props, a set and costumes.

If you know Ms. Rachel Eilers, you know how special week 5 will be! Students entering 4th–6th grades will be baking and decorating cupcakes each day. This camp is sure to be a hit! Register before it is full!

Back again this summer, we have the privilege of having John Demory teaching during week 6. John is a local artist and full time art educator in Iowa City. John will share his knowledge and experience of creating caricatures, cartooning, animation and painting.

Whether you are new to Summit or a returning family, these camps will be sure to be a highlight of your summer. Your child will work in small and large groups with experienced instructors as they learn and create. At the end of each specialized themed camp, students will present their finished projects to friends and family! We look forward to seeing everyone this summer!

Thank you for your interest in Summit Schools Summer Camps! Please reach out if you have any questions.

Amber Maas | Summer Camps Director
summercamps@summitschools.org

[Register today at \[summitschools.org/programs/summer-camps/\]\(https://summitschools.org/programs/summer-camps/\)](https://summitschools.org/programs/summer-camps/)





FUN & FITNESS SUMMER CAMPS



Each week students will explore a new theme. In addition to the weekly theme, students will have the opportunity to create crafts, enjoy healthy snacks and work in the Summit garden.

Weekly Programs

5-9 June **week 1**

Summer Olympics

19-23 June **week 3**

All Teams!

5-7 July* **week 5**

Wacky Water

17-21 July **week 7**

It's a Mystery!

12-16 June **week 2**

90's Nostalgia

26-30 June **week 4**

Challenge Week

10-14 July **week 6**

Field Day

24-28 July **week 8**

Battle of the Games

*No Camps July 3rd & 4th

AM 8:30-11:30

PM 12:30-3:30

Full Day 8:30-3:30

Lunch & Recess 11:30-12:30

1/2 day

\$180 /week

Full Day

\$275 /week



Summit Schools

1010 Regent St NE Cedar Rapids, IA



summit
summer camps

Specialized Themed Camps

Morning Camps 8:30AM-11:30AM

Afternoon Camps 12:30PM-3:30PM

Camps are divided into 3 sections

K-1st, 2nd-3rd and 4th-6th

June

5-9

Morning Camps

K-1 - Gardening with Ms. Chris

2-3 - For the Love of Animals

4-6 - Graphic Novel Design

Afternoon Camps

K-1 - Color My World

2-3 - Art in Nature

4-6 - All Things Yarn!

June

12-16

Morning Camps

K-1 - Abstract Arties

2-3 - I Love Bugs!

4-6 - Fine Arts Sampler

Afternoon Camps

K-1 - Mixed Up Art

2-3 - Paper Art

4-6 - Sculpture & Mosaic

June

19-23

Morning Camps

K-1 - Music Makers

2-3 - Lost in Space

2-6 - Zombies: The Musical - Week 1

Afternoon Camps

K-1 - Fantasy Art World

2-3 - Art Under the Sea

2-6 - Set and Prop Design for a Musical

June

26-30

Morning Camps

K-1 - Art in Nature

2-3 - Let's Dance, Sing and Make Art!

2-6 - Zombies: The Musical - Week 2

Afternoon Camps

K-1 - Fairy Tales Camp

2-3 - Puppetry

2-6 - Costume Design for a Musical



1/2 day

\$180 /week

Full Day

\$275 /week



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Specialized Themed Camps

Morning Camps 8:30AM-11:30AM

Afternoon Camps 12:30PM-3:30PM

Camps are divided into 3 sections

K-1st, 2nd-3rd and 4th-6th

July

5-7*

Morning Camps

K-1 - Story Creators
2-3 - Comic Book Creators
4-6 - Baking with Ms. Rachel

Afternoon Camps

K-1 - Fun With Art and Food
2-3 - Colorful Snacks and Art
4-6 - Cheer Camp with Ms. Erin

***No Camps on July
3rd & 4th**

July

10-14

Morning Camps

K-1 - Dino Discovery
2-3 - Time Travelers
4-6 - Cartooning and Caricatures

Afternoon Camps

K-1 - Creativity, To Infinity and Beyond
2-3 - Enchanted Forest
4-6 - Painting Everywhere!

July

17-21

Morning Camps

K-1 - Let's Get Buggy!
2-3 - Safari Season
4-6 - Intro to Ukulele

Afternoon Camps

K-1 - Into the Deep
2-3 - Around the World in 5 Days!
4-6 - Intro to Show Choir

July

24-28

Morning Camps

K-1 - STEAM
2-3 - STEAM
4-6 - STEAM

Afternoon Camps

K-1 - Inventor's Workshop
2-3 - Inventor's Workshop
4-6 - Inventor's Workshop

1/2 day

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Camp Descriptions

K-1st



GARDENING WITH MS. CHRIS

Calling all green thumbs! Let's get to the root of it, as we learn about soil science, seed germination and how produce gets from the ground to our tables. Enjoy the fruit of your labor as you plant items to take home.

COLOR MY WORLD

Are you a developing artist? Do you love colors, shapes, patterns and all things art? Join us in the studio for a week of painting, drawing, sculpting and more!

ABSTRACT ARTIES

This camp will give students a chance to follow their thoughts and feelings wherever their imaginations take them. Join us as we create modern art pieces using line, form, tone, texture and color.

MIXED UP ART

Time to get messy! We will be splattering paint to create new masterpieces. You will develop new techniques to make art fun!

MUSIC MAKERS

Attention all music lovers! Get in the groove as we experiment with sound, learn about our senses and make our own instruments. We will work together to make music during this rockin' week!



FANTASY ART WORLD

Join us this week as we bring dragons, castles, princes and princesses to life! You will draw, paint and design all things from the fantasy worlds.

ART IN NATURE

Rain or shine, this art camp will bring nature's beauty to life through messy, but fun projects. Includes painting, bubble art, shadow art and more. If you love nature and art, this is the camp for you!

FAIRY TALES

Become the illustrator of your favorite fairy tale characters! Enter the realm of make-believe, as we write, draw and paint our creative ideas.

STORY CREATORS

Do you love to be the author and the illustrator of your stories? Immerse yourself in our creative environment, as you write, draw and paint your stories to life.

FUN WITH ART & FOOD

Get ready to play with your food! We will use food in new ways to make art, as well as make art about all your favorite treats!



Camp Descriptions

K-1st



DINO DISCOVERY

Join us for a colossal journey into the world of dinosaurs! Carnivores or herbivores? Let's find out! In this class, you'll learn new facts, draw, paint and create your favorite dinosaurs.

CREATIVITY, TO INFINITY AND BEYOND!

3, 2, 1 ... Blast off to outer space! Join us as we travel beyond Earth. We will be exploring rockets, galaxies, life as an astronaut, painting our solar system and more!

LET'S GET BUGGY!

Time to take a look at the many species of bugs that roam beneath our feet. We will make discoveries on nature walks, as we learn, play and create insects in a whole new way.

INTO THE DEEP

Let's set sail and adventure into the ocean! We will discover animals and hidden treasures that live in our oceans. We will use a mixture of art materials to create ocean discoveries.

STEAM

Science, technology, engineering, art and math all wrapped up into one camp! Students will explore a new part of STEAM each day! Students will experience how STEAM shapes our world.

INVENTORS WORKSHOP

Do you love to build? Do you love to design your own ideas? From LEGOS® to recycled materials, you will bring your ideas to life!



**Register before March 31st
to receive 10% off!**

1/2 day

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Camp Descriptions

2nd-3rd



FOR THE LOVE OF ANIMALS

Do you love animals? This camp will give you the freedom to learn, draw and paint to enrich your love for your favorite animals. This camp will feature a llama visit from **Prairie Patch Farm!**



ART IN NATURE

Join us for a week of nature walks, creating art from found objects, painting with paint brushes made from nature and more.

I LOVE BUGS!

Everyday students will be challenged as we learn, draw, color and stretch our imaginations to illustrate our favorite insects. We will go on backyard ecological explorations and much more. Students will leave with a new appreciation for the natural world!

PAPER ART

Who knew you could create so many projects with paper? Students will learn how to make paper, collage, basic origami, paper mache and more!

LOST IN SPACE

What if you were lost in space? What's beyond our solar system? Students will use their imaginations to discover and create what life would be lost in space.

ART UNDER THE SEA

Each day students will dive into the ocean and discover new and old creatures of the deep. We will experiment with a variety of art materials as they create their favorite sea creatures.

LET'S DANCE SING & MAKE ART!

Do you love all things art and music? This is the camp for you! Students will spend the week singing and dancing to our favorite songs and encouraged to use their imaginations to make art.



PUPPETRY WORKSHOP

Enjoy the magic of puppetry in this exciting camp! Students will create shadow puppets, sock puppets and write a script for their puppets to act out.

COMIC BOOK CREATORS

Use your favorite comic book imagery to create your own comic books. Develop heroes and villains, as you design unique characters and learn about facial dynamics and the art of exaggeration.

COLORFUL SNACKS AND ART

Each day we will explore the art of food! Use fruit and vegetables and more to create snacks that look like our favorite things. Students will use food or drinks to create new art mediums.



Camp Descriptions

2nd-3rd



TIME TRAVELERS

Jump into our time machine and travel to the past and the future! Students will explore different periods in history and imagine what the future will hold.

ENCHANTED FOREST

Step with us into the enchanted forest, but beware of fairies and goblins! We will use our imaginations to discover and create what we find in this mysterious forest.

SAFARI SEASON

Join us on safari to discover the spectacular sights and sounds of a safari! Students will discover new facts, go on a scavenger hunt, create crafts and much more!

AROUND THE WORLD IN 5 DAYS

Our feet will stay planted firmly on the ground, but our imaginations will soar around the world! Each day we will travel to different locations to learn, imagine and create.

STEAM

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Camp Descriptions

4th-6th



GRAPHIC NOVEL DESIGN

Words and images come together with Ms. Angie in this exciting camp! We will be reading and devouring all their favorite graphic novels from Ms. Angie's library. Students will learn fundamentals of writing and illustration. They will write and draw in a supporting environment that will be sure to inspire young writers.

ALL THINGS YARN!

Calling all crafters! Join experienced crafter Ms. Teresa for a week of exploring fiber arts. Students will have the opportunity to learn the basics of crocheting, knitting, sewing and more!

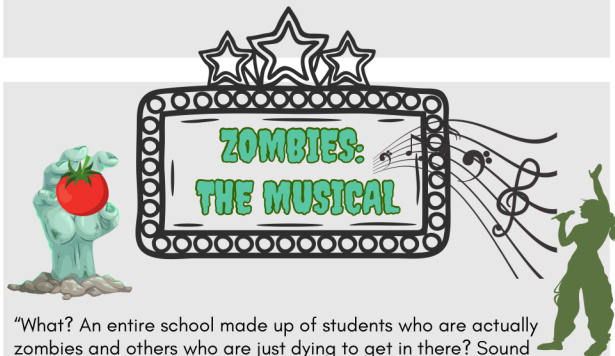


FINE ARTS SAMPLER

Students will sample as many of the fine arts as possible this week! This camp features painting, sculpture, architecture, poetry, music, literature and dance.

SCULPTURE & MOSAIC

Students will acquire a montage of mosaic design and application knowledge. They will use glass, marbles and other found objects to create unique and colorful pieces of art. Students will also work with clay, wire and other mixed media materials.



"What? An entire school made up of students who are actually zombies and others who are just dying to get in there? Sound familiar? But these are not ordinary zombies. These are zombies that long to be vegetarians, or at least have a diet that includes something more delectable than an everyday diet of brains. These are zombies that despise bullying in all its shapes and forms, and these are zombies who, above all, love to sing, dance and crack silly zombie jokes. These are MY kind of zombies!"

This camp will be one you will not want to miss! Join us for **2 weeks** of learning performance skills, while building confidence and preparing for their final show.

Please join us on Friday, June 30th as we present our musical!

MUSICAL SET DESIGN

Students will master the basics of prop and set design. We will create the props and set that will be used for the musical that is being presented on Friday, June 30th.

MUSICAL COSTUME DESIGN

Students will learn the main elements of costume designing. We will be creating costume pieces that will be used in the musical that is being presented on Friday, June 30th.

CUPCAKES WITH MS. RACHEL E.

Let's get baking as we whip up a variety of delicious cupcakes, learn about food prep, and kitchen safety. You will not want to miss this chance to bake with Ms. Rachel Eilers!



CHEER CAMP

Come cheer with Ms. Erin in this exciting camp! Students will build a foundation of basic cheers, jumps and skills used in cheerleading.



Camp Descriptions

4th-6th



CARTOONING AND CARICATURES

Join us for a week in the studio with teacher and artist John Demory! Students will learn the fundamentals of cartooning, caricatures and simple animation.

PAINTING EVERYWHERE!

Get ready to get messy! Explore watercolor, acrylic, oil pastel, splatter painting and so much more! This is a must for all budding artists!

INTRO TO UKULELE

Students with an interest in music will love this camp! They will learn the basics of playing the ukulele in this no-pressure, fun experience. Ukuleles will be provided, but please feel free to bring your own.



INTRO TO SHOW CHOIR



Students of all abilities and backgrounds are welcome to join this camp. It will be an incredible week of learning the basics of singing and dancing in a show choir.

STEAM

Science, technology, engineering, art and math all wrapped up into one camp! Students will explore a new part of STEAM each day! Students will be provided with opportunities to learn how STEAM shapes our world.

INVENTOR'S WORKSHOP

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SPORTS PERFORMANCE CAMP



Are you looking for holistic training for your young athlete? Are they wanting to become stronger and faster?



OUR SERVICE

Over the course of 8 weeks your athlete will work with our skilled teacher Mr. Jamie to set goals and improve their overall wellness.

- Strength training
- Speed and agility training
- Game play

AM ONLY
\$200 /week
8:30am-11:30pm
4th-8th grade

\$1440
for all 8 weeks



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MEET THE TEACHER

Jamie Day



Experience

- 15 years strength training experience
- 2 years strength and conditioning internship
- 6 years coaching gymnastics
- 5 years teaching physical education at Summit
- College athlete
- 5 years competitive Olympic weight lifting

Overview

"The current era of youth sports dictates that if you do not specialize early and devote your life to one particular athletic pursuit, you run the risk of being left behind. I have been an athlete all my life and have witnessed the shift from childhood being a time to explore a variety of physical activities in both structured and unstructured capacities shifting to an arduous fulltime engagement, that frankly robs many kids of the fun and enjoyment of the sport. Current research demonstrates consistently that the best athletes experience an extended 'sampling period' during childhood. During this time they gather physiological, tactical and social lessons from a wide range of physical activities. This camp seeks to offer a more holistic alternative to young developing athletes. We will pull from a wide range of movement disciplines to comprehensively improve physical capacities. This includes strength, speed, mobility, field awareness, hand-eye coordination and spatial awareness. We will also dive into topics related to sports psychology, which includes the facilitation of a growth mindset, problem solving, teamwork, collaboration and coachability."

Participants can expect:

- A comprehensive and developmentally appropriate introduction to strength training.
- Context based speed and agility training.
- Small and large group games, intentionally chosen to develop a complete assortment of physical and tactile capacities.
- Discussion on modes of recovery, which include sleep, nutrition, hydration and stress management.
- A experience intended to build self-confidence, self-efficacy and work ethic.



Sports Performance Camp | 8 weeks | \$200/week | 4th-8th grades

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Additional Camp Information

Please visit our website to register: summitschools.org/programs/summer-camps/

- All students registered by May 19, 2023 will receive a complimentary Summit Summer Camps t-shirt.

- NO REFUNDS will be issued after May 19, 2023, but a credit will be allotted to the family's account to be used during Summit's 2023 summer camps. The exception is camps canceled by Summit Schools due to insufficient enrollment, which will receive a full refund.

- Notice of canceled camps (due to insufficient enrollment) will be sent to the e-mail provided during registration.

- June camps will be confirmed May 19, 2023.
- July camps will be confirmed June 16, 2023.

- Waitlists are held until enough registrations have been collected to open an additional section(s) and staffing has been secured.

- Students who are registered for a AM and PM camp will have a supervised lunch and recess between 11:30 AM – 12:30 PM. Students should bring a lunch from home that does not require heating or cooling. Please note that **lunch is not provided** and students must be registered for a AM and PM camp to participate in the lunch and recess option.

1/2 day
\$180 /week

Full Day
\$275 /week



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